

INFORMATION FOR CLIENTS AND CONSENT FOR COACHING

Please read the following guidelines for coaching services provided by Joe Connolly. The information is offered as a guide to the subject of the mutual responsibility between you and your coach.

I coach people by asking questions, listening to you, reflecting back what you tell me, identifying your resources, clarifying your values and vision, creating strategies to overcome challenges, and assisting you to determine and realize your goals. Although there are no guarantees on the outcomes from coaching most people report significant progress on accomplishing their goals. As a coaching client you maintain complete responsibility for both your decisions and actions.

COACHING IS NOT THERAPY

I am not a trained psychologist and I do not engage in the practice of psychotherapy with my clients. I will not assess for, nor diagnose and treat mental health disorders. Rather, as your coach, we will determine your goals and the strategies you can use to obtain your goals. If issues arise that are best dealt with in a therapeutic context I will refer you to an appropriately licensed psychotherapist.

FACE TO FACE AND TELEPHONE BASED COACHING

We will agree on a standard time for your consultations. Once that time is established it will be reserved for you. If you need to cancel a session please provide at least 24-hour notice or you will be charged for the appointment.

SESSION FEES

My fees vary depending on the coaching package you choose. Coaching sessions are prepaid by personal check or cash.

CONFIDENTIALITY

Because the coaching relationship may utilize mail, telephone, faxes and the Internet for the transmission of personal information I cannot guarantee the confidentiality of the personal information that you provide via these forms of communication. However, any information that you provide to me will subsequently remain confidential and will not be given to a third party unless you give specific permission to release the information, or I am required by law.

The issue of confidentiality is further governed by both law and ethics. By law you hold the privilege of confidentiality and I will not release any information to anyone without your written permission. There are some exceptions to your rights under the law. Examples include, but are not limited to, when I have reasonable cause to believe that you are a danger to yourself or another person.

I may also be required by law to report any information about or reasonable suspicion of sexual, physical or emotional abuse of minors or elders to Child Protective Services or Adult Protective Services. If you have any concerns regarding confidentiality issues, please talk with me about these and other exceptions to the confidentiality privilege and my responsibility concerning them.

CONSUMER SATISFACTION AND LEGAL REMEDIES

I trust that you are satisfied with the coaching services that I provide you and that you experience improvements and positive changes in your life. Because of the complexity of human functioning I cannot guarantee the outcome of the coaching, nor the impact on your life of any changes that you subsequently make.

Each party agrees to indemnify, defend and hold harmless the other party, its agents, officers, and employees from and against any and all liability expenses including any defense costs and legal fees incurred in connection with claims for damages of any nature whatsoever, including but not limited to bodily injury, death, personal injury, or property damage arising from such party's performance or failure to perform its obligations hereunder. Because coaching by telephone may occur across state lines this agreement shall be governed by and enforced in accordance with the internal laws of the State of California.

CONSENT FOR COACHING

I have read and received a copy of the above information and agree to abide by these guidelines. I hereby consent to coaching.

Coaching Client's Signature

Date